



THE EAST AFRICAN PUBLIC HEALTH PALLIATIVE CARE CONGRESS (EAPCON)



THE 1st PUBLIC HEALTH PALLIATIVE CARE SCIENTIFIC CONGRESS

Event Summary Report Date: 10th October 2023

BACKGROUND

The East African Public Health Palliative Care Congress (EAPCON) - The EAPCON is a non-profit health and social welfare organization. Our goal is to create a platform for the: practices, academics, and communities to share experiences, learn and evaluate various local and international novel approaches of health service delivery in order to enhance the Nation's agenda of Universal Health Coverage (UHC) by 2030. We advocate for continuum quality of health care with a focus on: Non-communicable diseases control, Advanced HIV care, Rehabilitation care, Geriatric care, Cancer Care, and Musculoskeletal conditions care. In commemoration of the WHO/UN World Hospice and Palliative Care week, the EAPCON organized a scientific congress took place on 5th & 6th, October, 2023 at Muhimbili University College of Health and Allied Sciences (MUHAS).

Statement from EAPCON President Dr. Frank Manase [MD; MPH; MPmed]

Access to Palliative health care services is a human right. Appropriate pain management and control for everybody is a measure of civilization of a society of health care practitioners and the nation at large.

URL: <https://youtu.be/diROZy8JEws>

CONGRESS THEMES:

- ✓ Non-communicable diseases control,
- ✓ Rehabilitation,
- ✓ Geriatrics care,
- ✓ Cancer care,
- ✓ Advanced HIV Care

DISCUSSIONS:

Discussions were guided by the following topics: Pediatric Oncology, Stroke and Cardiovascular Health Problems, Spine & Joint Pain Management-Experience of Muhimbili Orthopedic Institute (MOI), Cancer Care- Experience of ORCI, Power of Public Health, Advanced HIV and Aging-Amref Experience, Esophageal Cancer, Histopathology in cancer diagnosis, Energy Drinks Use, Role of Spirituality in Health Care, Airway complications, Renal Care Complications, Prostate Cancer, Diabetes advanced diseases complications.

The need for palliative care was clearly delineated as a necessary discipline to improve quality of life of the people and enhance the nation's agenda of health for all (UHC) by 2030. Limited access and availability of palliative health care services were demonstrated in all levels of health services delivery, training and research.

RECOMMENDATIONS:

1. Form alliance of public health in PC stakeholders,
2. Enhance adoption of graduate degree on PC,
3. PC be a Continuous Professional Development requirement,
4. Form PC teams at all levels of health service delivery,
5. Set premium for palliative health care services,
6. Advocate research in PC,
7. Public insurance cover PC health services packages.
8. Capacity building of community health providers on PC.

ACKNOWLEDGMENT

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All Correspondences: Frank Manase MD, MPH, MPMed
The Community Center for Preventive Medicine "CCPmedicine"
P.O. BOX 10354 Dar-es-salaam, Tanzania
Web: www.ccpmedicine.org; Email info@ccpmedicine.org;
Mob: +255 714 510 195



Prof. Yohana Mashalla
VC-KAIRUKI UNIVERSITY



Prof. Francis Furia
KD-MUHAS UNIVERSITY



Dr. Isac Maro
PH-IFAKARA HEALTH INSTITUTE



Prof. Andrew Swai
DEAN-KAMPALA UNIVERSITY



Prof. Apollinari Kamuhabwa
VC-MUHAS UNIVERSITY



Prof. Eligius Lyamuya
ID-MUHAS UNIVERSITY



Prof. Karim Manji
NP-MUHAS UNIVERSITY



Dr. Julius Mwaeselage
MD-OCEAN ROAD CANCER INSTITUTE

SPEAKER'S Highlights URL:

Prof. E Balandya: <https://youtu.be/SCeg5Wb3pKo>
Dr. Simon Mkawe: <https://youtu.be/mjSUy4S-W0g>
Prof A. Swai: <https://youtu.be/GsP9uGgdioA>
Prof. Y. Mashalla: <https://youtu.be/6eAUxVs3H2M>
Dr. William Mgisha: <https://youtu.be/eGCUiMjgWIQ>
Prof F. Furia: <https://youtu.be/K74qtsKP2l>
Rev. Prof. Z. Nzogere: https://youtu.be/LA6O4Z3_bf4
Dr. Mmbando. P: <https://youtu.be/lyNtaRzJfGM>

CONCLUSION: Due to overwhelming burden of NCDs, integration of palliative health care services in all level of health care delivery is a paramount. It will improve quality of life of all citizens, hence enhance the nation's efforts to achieve the Universal Health Coverage goal by 2030.

